
Borderline patients evoke unique countertransference responses among members of the treatment team: pejorative behavior, undue optimism, and pessimistic nihilism to these patients, along with difficulties in limit-setting, and fragmentation of the treatment team are common. Frequent meetings and open communication within the treatment team are recommended in order to minimize the splitting that is central to these countertransference constellations. A patient with borderline personality disorder has been admitted to the in-patient unit. She has been extremely resistant to treatment and has had multiple overdoses in the past. The doctor begins to feel confused, angry and frustrated (transference projections from the patient) and impulsively asks the staff to discharge the patient. Reference. Countertransference. Hughes, P., & Kerr, I. (2000). Transference and countertransference in communication between doctor and patient. About Knowledge Hub. The Hub is a platform to share ideas, cases and concepts that bridge the gap between academia and the real world. Think about it as the real world textbook, a platform rich with experiences. Many fields including medicine and psychiatry suffer from ‘closet’ ideas.